

Aromatherapy Massages

Four Hands Massage **60/90 mins** \$240/320

Two therapists practice synchronised massage movements with same pressure & pace which increases the level of muscle relaxation and massage benefits.

Ultimate Relaxation Massage **120 mins** \$250

Two-hour massage therapy helps aching muscles and joints; reduces stress, improve circulation, reduce pain, eliminate toxins, improve flexibility, improve sleep, and enhance immunity.

Hot Stone Massage **60/90 mins** \$180

The warmth of basalt hot stones in this massage penetrates deeply to relieve stress and muscular tension.

Deep Tissue Massage **60/90 mins** \$130/175

Firm with deep penetrating pressure to release soft tissue adhesions, knots, stress accumulation and revert body's muscle to their natural suppleness.

Swedish Massage **60/90 mins** \$120/160

Manipulations and movements to stimulate, relax or rehabilitate the body, it relaxes tired muscles and improves circulation.

Couple's Massage **60/90 mins** \$240/320

If you can't stand to be apart, relax together in our massage room or anywhere for two.

Indian Style Massage **75 mins** \$150

This is a full body treatment covering face and scalp. Enjoy this traditional, invigorating massage.

Thai Massage / Shiatsu **75 mins** \$165

A combination of stretching, massage & acupressure. Aligns the energy channels of the body.

Therapeutic Massage **60/90 mins** \$130/175

Short, gentle and rhythmic massage stroke using medicated herbal oils, to induce a deep sense of relief and enhance the healing process.

Lymphatic Drainage **60/90 mins** \$120/160

Lymph drainage uses a specific amount of pressure and rhythmic circular movements to stimulate lymph flow.

*15% Service Charge applicable

Sports Massage **60/90 mins** \$130/175

A deep tissue massage often around the joints for treating specific muscle groups. It also stimulates circulation of blood and lymph fluids.

Pre-natal Massage **60 mins** \$130

Tailored to your specific needs, our therapists know how to pamper a "mommy to be" and relax those aching muscles.

Back, Neck & Shoulder **30 mins** \$75

The attention is concentrated on these areas to release stress & tension.

Hand & Foot Reflexology **30 mins** \$65

Specific points on feet and palms are reflexly connected to body organs. By applying pressure, it heals the imbalances within the body.

One to One Yoga **60 mins** \$60

A personalized session, tailor-made to suit your needs, for improving concentration, pain relief, to help controlling diabetes and more. (Group add an extra \$20 per person.)

Yoga by the Sea 1 Hour * 7:30 AM * All Levels *
Every Mon-Wed-Fri - \$15 (Mat rental included)

Course of 5 yoga sessions **60 mins** \$220

(Course groups add an extra \$75 per person)

Acupuncture 1/3/5/7 Sessions \$60/150/250/350

Balance the haphazard flow of energy (Chi) through the meridians. This is especially effective for pain and insomnia. **40 mins**

Spa Service Add-ons

- * Add Hot foot soak with Hot oil foot massage and Hot stone back finale to any kind of massage for an additional \$25. Add 15 minutes to massage time.
- * Add-on for Hot Coconut Oil Scalp Massage (10 mins) for only \$20.
- * Upgrade to Oceanfront for \$20 extra (For massages & Mini Facial only)

*15% Service Charge applicable

Body Treatments

Essential Oil Salt Glow **60/90 mins** \$100/150

Exfoliate using raw sea salt followed by a moisturizing massage. It's a perfect pre-tan treatment.

Island Ginger & Honey Scrub **60/90 mins** \$110/160

Your past falls away as wild honey and organic sugar gently exfoliate and polish. Coconut oil / shea butter infused with wild flower essences & extracts deeply to moisturize. Island grown gingers invigorate boost your energy flow, bringing forth a fresh new look and feeling.

Island Cooler (Signature treatment) **90 mins** \$160

An invigorating Sea Salt Scrub, followed by rehydrating Aloe Wrap, concludes with a soothing massage.

Dead Sea Mud Wrap **60/90 mins** \$100/150

Using an ancient mud that re-mineralizes, exfoliates and detoxifies the body, leaving you revitalized, refined and rejuvenated.

Aloe Sun Burn Relief Wrap **60/90 mins** \$100/150

Locally grown Aloe combined with essential oils and moisturizers which soothe, restore and re-hydrate sun burnt skin.

Herbal Wrap (Skin Care) **60/90 mins** \$100/150

Locally grown neem leaves have therapeutic properties. It detoxifies, and reduces blemishes, leaving the skin clear and silky smooth.

*15% Service Charge applicable

Signature Packages

Island Goddess **5 hrs** \$500

This is Ultimate Luxury in paradise! Begin with our signature Island Cooler (Scrub & Wrap body treatments) 60 mins, Full body 90 mins Aromatherapy Therapeutic massage, 60mins Aromatherapy Deep Cleansing Facial, ending with a Deluxe Manicure & Deluxe Pedicure.

Caribbean Healing Stones **2 1/2 hrs** \$275

Experience the healing power of the island beginning with sea salt scrub and soothing Aloe wrap. Then melt into deep relaxation with 60 mins Aromatherapy Hot Stone Massage. An Aromatherapy mini facial completes this blissful experience.

Top to Toe **2 1/2 hrs** \$250

Begin with 55 mins Aromatherapy Therapeutic massage and give your face a natural glow with a nourishing 55 mins Aromatherapy Facial. As a nal touch, give in to Deluxe Manicure or Classic Pedicure.

Golden Woman **2 hrs** \$225

Two full hours!! Your 90 mins Aromatherapy Swedish massage includes a hot foot soak, hot oil foot massage and hot stone on the back. Ends with a 30 mins Aromatherapy mini facial.

Gift of the Caribbean **90 mins** \$175

Begins with an Island Ginger Honey Scrub to exfoliate your full body, coconut and lavender oils to warm up your skin and stimulate circulation with a 55 mins Aromatherapy Deep Tissue Massage for full body followed by a scalp massage.

Heavenly Body **1 1/2 hrs** \$175

Invigorate your senses with an indulgent 60 mins Aromatherapy Therapeutic massage and enjoy a nourishing Aromatherapy mini facial.

*15% Service Charge applicable



Ayurvedic Massages



Abhyanga (Medicated Oil Massage) 60 mins \$130
Warm herbal oil is massaged into the skin with a combination of different strokes and intuitive movements. Help to liquify and dislodge toxins from the body.

Poultice Massage 60 mins \$130
The entire body is massaged with herbal poultices prepared with various herbs. It is effective in rheumatic disorders and diseases of the skeletal system, reduces body weight and alleviates numbness.

Shirodhara (Stream Medication) 50 mins \$130
A continuous stream of medicated warm oil/herbal decoctions is poured onto the forehead. It reduces anxiety, stress, depression, hypertension and deeply conditions hair.



Facial Treatments

Aromatherapy Deep Cleansing Facial 60/90 mins \$110/150
Enjoy with 100% pure, natural and highly effective aromatic products. (includes a pressure point back massage for 90 mins.) Ask for Dry / Oily / Sensitive / Anti-aging Skin Facial.

Aromatherapy Herbal Facial 60/90 mins \$110/150
Local hand-picked Neem leaves have therapeutic properties that clarify and detoxify the skin, leaving a smooth, clear complexion.

Aromatherapy Aloe Facial 60/90 mins \$110/150
Locally grown Aloe combined with essential oils and hydrating moisturizers soothes, restores and re-hydrates sun burnt skin.

Aromatherapy Mini Facial 30 mins \$65

*15% Service Charge applicable

Hand & Foot Treatments



Express Pedicure (or) Manicure	20 mins	\$25
Classic Pedicure	45 mins	\$60
Deluxe Pedicure	60 mins	\$75
Gel Pedicure	60 mins	\$85
Classic Manicure	35 mins	\$50
Deluxe Manicure	50 mins	\$65
Gel Manicure	50 mins	\$75
Polish change		\$20
Gel Removal		\$20

15% Service Charge applicable

Hair Removal



Eye Brow	Brazilian Bikini	\$60+
Threading / Waxing \$20	Half Leg	\$45
Top Lip/Chin \$15	¾ Leg	\$55
Under Arms \$20	Full Leg	\$65
Half Arms \$30	Chest	\$20
Full Arms \$45	Half Back	\$50
Bikini Line \$40+	Full Back	\$70

*15% Service Charge applicable

Spa Policies

- * Ask for 5 Massages & Get 1 Free
- * Groups are Welcome. We have a team of 11 therapists.
- * Please avoid bringing Jewelry and other valuables to the spa.
- * There is a 50% fee for cancellation within 4 hours, 100% fee on no-show and no charge for re-scheduling.

Mobile Service

We offer a mobile service if you prefer our therapist to visit you at your Home, Hotel Room, Villa or Yacht for surcharge of \$30 per treatment.

Local Residents

We offer 25% discount to BVI residents.

Gift Vouchers Available.

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The Spa

at Leverick Bay

Anyday Anytime Anywhere

North Sound, Virgin Gorda, British Virgin Islands.

Call / WhatsApp:
+1 (284) 346-1235



Open seven days daily
from 8 AM to 8 PM

Website: thebvispa.com



ScanMe!
for Reservation